



WHEATGRASS SHOT

10Z \$1.99 | 20Z \$3.99

ADD ONS:

GARDEN OF LIFE PROTEIN POWDER
(WHEY OR PLANT-BASED)

ANCIENT NUTRITION COLLAGEN

GARDEN OF LIFE WHEATGRASS POWDER

ADMIRE & INSPIRE DETOX ENERGY GREENS BLEND



LOCATIONS

6300 N. Wickham Road #132
Suntree HealthPlex
Melbourne, FL 32940
(321) 242-6040

4270 Minton Road #112
West Melbourne, FL 32904
(321) 722-1440

1150 Malabar Road SE #113
Palm Bay, FL 32907
(321) 729-8311

WWW.PARADISEHEALTHDIRECT.COM



SMOOTHIES POWER BOWLS & WHEATGRASS

100%
ORGANIC



MONDAY - SATURDAY 9:00 AM - 7:00 PM



SMOOTHIES

\$6.99

GOOD GOOD GOOD

avocado, banana, pineapple, spinach, orange juice, coconut milk

GREEN DREAM

mango, spinach, greens blend, banana, almond milk

PARADISE PB&J

peanut butter, strawberries, banana, almond milk, vanilla plant protein

TRIPLE BERRY BLAST

banana, strawberries, raspberries, blueberries, coconut milk

PEANUT BUTTER CUP

peanut butter, banana, almond milk, chocolate plant protein

FLORIDA SUNSET

peaches, strawberries, banana, almond milk



WHEATGRASS

Immunity Booster



DRAGON FRUIT

Promotes a Healthy Gut



ACAI

Antioxidant Rich

AVOCADO

High in Omega-3



BLUE/GREEN ALGAE

Supports Energy and Metabolism

POWER BOWLS

\$9.99

ACAI BOWLS

acai, banana, strawberries, coconut milk

PURPLE MONKEY

toppings: granola, banana, kiwi, coconut, honey

MERRY BERRY

toppings: granola, banana, strawberry, blueberry, honey

SURFS UP

base: banana, mango, blue majik spirulina, coconut milk
toppings: kiwi, blueberries, granola, coconut flakes, honey

PINK DRAGON

base: banana, dragon fruit, mango, coconut milk
toppings: strawberries, banana, chia seeds, coconut, honey

GREEN BOWLS

mango, banana, spinach, avocado, coconut milk

GREEN GLOW

toppings: granola, kiwi, banana, blueberry, honey

PARADISE BEACH

toppings: granola, banana, strawberry, coconut, honey

CACAO CRUSH

base: banana, strawberries, acai, cacao powder, coconut milk
toppings: banana, strawberries, coconut flakes, sweetened cacao nibs, honey

SUNSHINE STATE

base: banana, pineapple, mango, coconut milk
toppings: banana, kiwi, coconut flakes, granola, honey