

SUPPORT LOCAL! PARADISE HAS BEEN SPACE COAST FRIENDLY FOR 20+ YEARS.

KUUMBA MADE 15% OFF LINE DRIVE



10% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

AURA CACIA 15% OFF LINE DRIVE



SAVE ON THE ENTIRE LINE, ALL MONTH LONG!

**LEARN THE SECRETS TO YOUR BEST HEALTH**

30-Min, Personalized Blood Examination

LEARN TIPS FOR:

- Improved Digestion
- Optimal Nutrition
- Healthy Weight

**COST \$60**

Call the store today for availability

NOW 25% OFF SELECT ITEM



20% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

H.E.A.L



**WELLNESS, DELIVERED**

Get your essential vitamins and supplements sent to your doorstep

CALL US TODAY 321-729-8311

FREE SHIPPING ON ORDERS OVER \$85

PARADISE ACCEPTS EBT & SNAP BENEFITS\*  
\*Accepted at Wickham Rd and Minton Rd Locations

GROCERY

<b>\$8.99</b> Artisana Organics Raw Tahini Butter 14 oz Save: \$3.00 Reg: \$11.99	<b>3/\$3</b> Bob's Red Mill Peanut Butter Oat Bars 1.76 oz Reg: \$1.79	<b>\$3.99</b> Garden of Eatin' Organic Blue or Yellow Corn Taco Shells 5.5 oz Save: \$1.50 Reg: \$5.49	<b>2/\$5</b> Chocolove Milk Chocolate Bar Varieties 2.9-3.2 oz Reg: \$3.59
<b>\$2.99</b> Crunchmaster Cracker Varieties 4 oz Save: \$1.30 Reg: \$4.29	<b>\$4.79</b> Partake Select Cookie Varieties 5.5 oz Save: \$1.50 Reg: \$6.29	<b>\$2.99</b> Edward and Sons Organic Brown Rice Snaps 3.5 oz Save: \$1.00 Reg: \$3.99	<b>\$7.99</b> Food For Life Organic Cereal Varieties 16 oz Save: \$2.00 Reg: \$9.99

FRIDGE \*Only Available at the Minton Rd. & Wickham Rd. Store Locations

<b>\$6.99</b> Farmhouse Culture Organic Sauerkraut 25 oz Save: \$2.50 Reg: \$9.49	<b>\$2.99</b> Tofutti Dairy Free Sour Cream 12 oz Save: \$1.50 Reg: \$4.49	<b>\$5.99</b> Food For Life Organic English Muffins 16 oz Save: \$1.00 Reg: \$6.99	<b>\$7.99</b> Raise American Organic Grassfed Meatballs 14 oz Save: \$4.00 Reg: \$11.99
<b>\$4.99</b> Good Culture Organic Cottage Cheese 16 oz Save: \$1.70 Reg: \$6.69	<b>\$4.99</b> Oatly Original Oat Milk 64 fl oz Save: \$1.50 Reg: \$6.49	<b>\$9.99</b> Blackbird Plant Based Pizza 14 oz Save: \$2.50 Reg: \$12.49	<b>\$7.99</b> Blackbird Plant Based Wings 12 oz Save: \$2.00 Reg: \$9.99

<b>\$6.99</b> Nuts for Cheese Select Cheese Varieties 4.2 oz Save: \$2.00 Reg: \$8.99	<b>\$4.49</b> Good Karma Flax Milk Varieties 64 fl oz Save: \$1.00 Reg: \$5.49	<b>\$4.49</b> Arctic Zero Non-Dairy Ice Cream Pint Save: \$1.00 Reg: \$5.49	<b>\$4.69</b> O'Doughs Bagel Thins 10.6 oz Save: \$1.00 Reg: \$5.69
<b>\$3.99</b> Hope Hummus Select Hummus Varieties 8 oz Save: \$1.30 Reg: \$5.29	<b>15% OFF</b> Woodstock Organic Vegetable Select Varieties		

THIS MONTH IN PARADISE - FEBRUARY 2024

**LOVE IS IN THE AIR**

NATURALLY GROWN, LOCALLY KNOWN™

Paradise

ALL SALES GOOD FEB 29TH

GROCERY \*Only Available at the Minton Rd. & Wickham Rd. Store Locations

<b>\$3.99</b> Siete Cookie Varieties 4.5 oz Save: \$1.30 Reg: \$5.29	<b>\$3.99</b> Siete Grain Free Cookies 14 oz Save: \$4.00 Reg: \$11.99	<b>\$2.99</b> A Dozen Cousins Select Bean Varieties 10 oz Save: \$1.00 Reg: \$3.99	<b>\$5.99</b> Rudi's Organic Bread Varieties 18-22 oz Reg: \$ 7.49-8.49
<b>\$1.99</b> Wild Planet Select Sardine Varieties 4.25 oz Save: \$1.00 Reg: \$2.99	<b>\$3.49</b> Bionaturae Organic Strained Tomatoes 24 oz Save: \$1.00 Reg: \$4.49	<b>\$9.99</b> Redwood Hill Farms Goat Milk Kefir 32 oz Save: \$1.00 Reg: \$10.99	<b>\$7.99</b> Kite Hill Non Dairy Ricotta Cheese 8 oz Save: \$2.50 Reg: \$10.49

We're Social: /paradisehealthandnutrition Learn More @ ParadiseHealthDirect.tflmag.com

SUPPORT LOCAL! PARADISE HAS BEEN SPACE COAST FRIENDLY FOR 20+ YEARS.

NATURALLY GROWN, LOCALLY KNOWN™

THREE LOCATIONS SERVING THE GREATER SPACE COAST AREA

1150 Malabar Rd SE #113 Palm Bay, FL 32907 321-729-8311  
6300 N. Wickham Rd #132 Melbourne, FL 32940 321-242-6040  
4270 Minton Rd #112 West Melbourne, FL 32904 321-722-1440  
STORE HOURS: Monday - Saturday 9:00 am - 7:00 pm





FRESHLY PREPARED, 100% ORGANIC FRUIT SMOOTHIES & POWER BOWLS NOW AVAILABLE AT OUR WICKHAM ROAD AND MINTON ROAD STORE LOCATIONS

SUNWARRIOR25%OFFLINE DRIVE



20% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

WILEY'S25%OFFLINE DRIVE



10% OFF EVERYDAY + 15% OFF ADDITIONAL THIS MONTH

NORDIC NATURALS25%OFFSELECT ITEM



20% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

NATURAL FACTORS30%OFFSELECT ITEM



20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

KAL30%OFFLINE DRIVE



20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

CARLSON'S30%OFFLINE DRIVE



20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

UTZY10%OFFEVERY DAY



SAVE ON THE ENTIRE LINE, ALL THE TIME!

CARDIO FOR LIFEEVERY DAY



20% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

CHANDANNIFEATURED BRAND



15% OFF EVERYDAY + 15% OFF ADDITIONAL THIS MONTH

BOIRON30%OFFSELECT ITEM



15% OFF EVERYDAY + 15% OFF ADDITIONAL THIS MONTH

AURORA NUTRASCIENCE20%OFFEVERY DAY



SAVE ON THE ENTIRE LINE, ALL THE TIME!

TRUE GRACE10%OFFEVERY DAY



SAVE ON THE ENTIRE LINE, ALL THE TIME!

IRWIN30%OFFSELECT ITEM



20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

NATURE'S WAY25%OFFSELECT ITEM



20% OFF EVERYDAY + 5% OFF ADDITIONAL THIS MONTH

AVOCADO CHOCOLATE MOUSSE

INGREDIENTS:

- 2 ripe avocados
- 3 tablespoons cacao powder
- 4 tablespoons honey
- ½ teaspoon vanilla extract
- 1 tablespoon almond milk
- Fresh Raspberries or Strawberries as topping

INSTRUCTION:

Remove the seed and peel the avocados. Put all ingredients in a food processor and process until everything comes together, scraping the sides. Add a little more honey to taste if you would prefer it sweeter. Process until smooth. Serve with fresh fruit on top. Enjoy!



PROBULIN25%OFFLINE DRIVE



15% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

HIMALAYA25%OFFLINE DRIVE



SAVE ON THE ENTIRE LINE, ALL MONTH LONG!