

SUPPORT LOCAL! PARADISE HAS BEEN SPACE COAST FRIENDLY FOR 20+ YEARS.

GENERAL DISCLAIMER: This statement has not been evaluated by the United States Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease "If the supplement bears a claim to affect the structure or function of the body (structure/function claim), a claim of general well-being, or a claim of a benefit related to a classical nutrient deficiency disease.

PARADISE ACCEPTS EBT & SNAP BENEFITS*
*Accepted at Wickham Rd and Minton Rd Locations

THIS MONTH IN PARADISE - APRIL 2024
ALL SALES GOOD THRU APRIL 30TH

HERITAGE STORE 30% OFF LINE DRIVE

LIFE FLO 30% OFF LINE DRIVE



20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

20% OFF EVERYDAY + 10% OFF ADDITIONAL THIS MONTH

HIMALAYA HERBS 35% OFF SELECT ITEM

BLUESHIFT NEW 20% OFF LINE DRIVE



SAVE ON THE ENTIRE LINE, ALL MONTH LONG!

STRAWBERRY OATMEAL BARS

INGREDIENTS:

- 1 cup old fashioned oats
- 3/4 cup whole wheat flour
- 1/3 cup light brown sugar
- 1/4 tsp ground ginger
- 1/4 tsp salt
- 6 tbsp melted unsalted butter or coconut oil
- 2 cups diced strawberries
- 1 tsp cornstarch
- 1 tbsp lemon juice
- 1 tsp sugar

Glaze: 1/2 cup powdered sugar, 1/2 tsp vanilla extract, 1 tsp milk (any kind)

INSTRUCTION:

Preheat oven to 375 degrees, line an 8x8 pan with parchment paper. In a bowl combine oats, flour, brown sugar, ginger and salt. Mix in your melted butter until clumps form, set aside 1/2 cup of crumble mixture and press rest into the pan. Sprinkle half strawberries over crust and then sprinkle cornstarch, lemon juice and 1/2 tsp sugar over the top of the berries. Scatter the remaining strawberries and the half tsp sugar on top and them cover with the reserved crumble topping. Bake for 35-40 min. Mix the glaze ingredients together and drizzle on top when cooled.



FRIDGE

2/\$4
Aqua Vitea Organic Kombucha Varieties 12 oz
Reg: \$2.89

\$4.49
Violife Cheese Slices or Shreds 7-8 oz
Save: \$2.00
Reg: \$6.49

\$2.49
Beetology Organic Beet Juice Varieties 8.45 oz
Save: \$1.30
Reg: \$3.79

\$8.49
Bellwether Farms Organic Sheep Yogurt 24 oz
Save: \$4.00
Reg: \$12.49

\$1 OFF
Vital Farms Select Egg Varieties 1 dz

2/\$5
Dalci Brownie Varieties 1.6 oz
Reg: \$3.99

FROZEN

\$6.49
Against the Grain Rolls, Bagels, Baguettes 12.5-14.4 oz
Save: \$2.50
Reg: \$8.99

\$2.99
Nature's Path Organic Waffle Varieties 7.4 oz
Save: \$1.50
Reg: \$4.49

\$3.79
O'Dough Bagel Thins 10.6 oz
Save: \$1.90
Reg: \$5.69

\$4.99
Rudi's Select Organic Bread Varieties 22 oz
Save: \$2.50
Reg: \$7.49

\$5.49
Sambazon Organic Smoothie Packs 4/100 grams
Save: \$2.50
Reg: \$7.99

15% OFF
Woodstock Frozen Organic Fruit Varieties

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GROCERY

\$3.79
Barnana Plantain Chips 5 oz
Save: \$1.70
Reg: \$5.49

\$9.99
Jim's Organic Coffee varieties 11-12 oz
Save: \$5.00
Reg: \$14.99

\$3.99
Lundberg Rice Cake Varieties 8.5 oz
Save: \$1.30
Reg: \$5.29

2/\$4
Clean Cause Organic Sparkling Yerba Mate 16 oz
Reg: \$2.99

\$4.49
Blue Stripes Granola Varieties 8 oz
Save: \$2.50
Reg: \$6.99

\$3.99
Hu Chocolate Bar Varieties 2.1 oz
Save: \$1.50
Reg: \$5.49

\$3.49
Siete Cookie Varieties 4.5 oz
Save: \$1.80
Reg: \$5.29

20% OFF
Simply Organic Select Varieties

THREE LOCATIONS SERVING THE GREATER SPACE COAST AREA

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NATURALLY GROWN, LOCALLY KNOWN

1150 Malabar Rd SE #113 Palm Bay, FL 32907 321-729-8311
6300 N. Wickham Rd #132 Melbourne, FL 32940 321-242-6040
4270 Minton Rd #112 West Melbourne, FL 32904 321-722-1440
STORE HOURS: Monday - Saturday 9:00 am - 7:00 pm



FRESHLY PREPARED, 100% ORGANIC FRUIT SMOOTHIES & POWER BOWLS NOW AVAILABLE AT OUR WICKHAM ROAD AND MINTON ROAD STORE LOCATIONS

EMERALD LABS 25% OFF LINE DRIVE



10% OFF EVERYDAY + ADDITIONAL 15% OFF THIS MONTH

VITAL PLANET 20% OFF LINE DRIVE



10% OFF EVERYDAY + ADDITIONAL 10% OFF THIS MONTH

NATURAL FACTORS 30% OFF SELECT ITEM

<p>WHOLE EARTH & SEA GREEN'S TROPICAL 14.3 oz Save: \$15.86 Reg: \$52.95</p>	<p>WES PROTEIN & GREEN'S 1.4 lb Save: \$18.56 Reg: \$61.95</p>
<p>WES BEETS & BERRIES 6.6 oz Save: \$9.56 Reg: \$31.95</p>	<p>WES ENERGIZE 6.2 oz Save: \$9.56 Reg: \$31.95</p>

NORDIC NATURALS 25% OFF SELECT ITEM

<p>ULTIMATE OMEGA LEMON 60 ct Save: \$6.96 Reg: \$27.95</p>	<p>ULTIMATE OMEGA 2X LEMON 60 ct Save: \$12.46 Reg: \$49.95</p>
<p>ULTIMATE OMEGA 2X MINI 60 ct Save: \$8.76 Reg: \$34.95</p>	<p>ULTIMATE OMEGA 2X D3 60 ct Save: \$12.96 Reg: \$51.95</p>

NORTH AMERICAN HERB & SPICE 30% OFF LINE DRIVE



20% OFF EVERYDAY + ADDITIONAL 10% OFF THIS MONTH

HOST DEFENSE 20% OFF LINE DRIVE



10% OFF EVERYDAY + ADDITIONAL 10% OFF THIS MONTH

GARDEN OF LIFE 30% OFF EVERY DAY



SAVE ON THE ENTIRE LINE, ALL THE TIME!

TERRY NATURALLY 20% OFF EVERY DAY



SAVE ON THE ENTIRE LINE, ALL THE TIME!

BOIRON 30% OFF SELECT ITEM

<p>ALLERGY CALM TABLETS 60 tabs Save: \$4.00 Reg: \$13.29</p>	<p>SINUS CALM TABLETS 60 tabs Save: \$4.00 Reg: \$13.29</p>
<p>ALLERGY CALM KIDS TABLETS 60 tabs Save: \$4.00 Reg: \$13.29</p>	<p>CALENDULA GEL 1.5oz Save: \$2.60 Reg: \$8.79</p>

GAIA 25% OFF SELECT ITEM

<p>TURMERIC SUPREME EXTRA STRENGTH 60 ct Save: \$7.70 Reg: \$30.99</p>	<p>TURMERIC SUPREME JOINT 60 ct Save: \$7.70 Reg: \$30.99</p>
<p>TURMERIC SUPREME PAIN 60 ct Save: \$7.70 Reg: \$30.99</p>	<p>TURMERIC SUPREME PAIN PM 60 ct Save: \$10.90 Reg: \$43.49</p>

IRWIN NATURALS 35% OFF LINE DRIVE



20% OFF EVERYDAY + ADDITIONAL 15% OFF THIS MONTH

NEW CHAPTER 40% OFF EVERY DAY



SAVE ON THE ENTIRE LINE EVERYDAY!

TRUVANI 25% OFF LINE DRIVE



SAVE ON THE ENTIRE LINE, ALL MONTH LONG!

RIDGECREST 30% OFF LINE DRIVE



20% OFF EVERYDAY + ADDITIONAL 10% OFF THIS MONTH

NATURALLY GROWN, LOCALLY KNOWN™ Paradise health & nutrition

CELEBRATE EARTH DAY WITH GREAT SAVINGS

Wild Discounts at Paradise
• Save on select brands • Essential wellness for all • Visit any of our stores

PROBULIN 25% OFF LINE DRIVE



15% OFF EVERYDAY + ADDITIONAL 10% OFF THIS MONTH

MEGAFOOD 20% OFF LINE DRIVE



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